

VISIT PREP LIST

ALLERGIC ITCH VET CHECKLIST

Scratch beneath the surface of your dog's constant itching.

When taking your itchy dog to the vet, here are some helpful ways to make the most out of your visit.



Pre-visit — Start by checking “yes” or “no” for each of these statements:

YES **NO**

- My dog licks, chews, rubs, bites, scoots, or scratches the same area of his body at least several times per day
- I see the following on my dog's skin: redness, darkening of the skin, sores, scabs, or scratch marks
- My dog has experienced hair loss, bald spots, or thinning of fur due to itching
- My dog rubs the face, licks the paws, and scratches the sides of ears and belly more than other areas of the body
- My dog's itching gets in the way of playing, eating, sleeping, or other activities

Prep for visit — Bring these items with you:

 The Zoetis Pack app makes it easy to track this and more

- Name of the medication(s) your dog is currently taking and a photo of the prescription label(s)
- Name of the pet food(s) your dog is currently eating and a photo of the nutrition label(s)
- A list of your dog's symptoms (use the list above and add any additional symptoms)
- Any photos/videos you have of your dog itching, scratching, licking, or showing signs you think mean they are itchy
- Your dog's previous medical history (if this is a new vet)
- A list of questions you have for the vet relating to your dog's skin health and itch
- Name of store-bought treatment(s) your dog is currently using, along with a photo of the label(s)

Be prepared to answer questions like:

- When did you first notice your dog itching? How long has it been going on?
- Where on their body do they itch, scratch, or lick the most?
- Does your dog itch more during certain seasons, or is it the same all year long?
- Are all the pets in your household currently on a flea and tick preventative?
- If yes, what is the name of the product and when was it last administered?
- What products have you tried for itch in the past? Are you currently using any over-the-counter treatments or home remedies to treat your dog's itch?
- Are there any new foods, treats, or other changes to their environment?
- When was their last bath and how frequently do you bathe them?
- What shampoo do you use?

Before you leave, make sure you:

- Talked about treatment options, such as a once-daily pill administered at home, or a long-lasting injection given by your vet
- Discussed and understood next steps
- Scheduled a follow-up visit or your next appointment